



ABLE inc

Weaving lives together

SEPTEMBER 2021

Pictured above: John Vaughn and Danielle Salo volunteering cleaning the tables at Trinity High School.

SAYING GOODBYE TO SUMMER

As our community heads back to school and we transition to the crisp fall weather, let's stop and celebrate a few more of our favorite summer moments!



Upper left to right: Victoria Haney harvesting tomatoes. Sierra Ballard, Shawn Orcutt, & Kay Fletcher selling Repeat Outlet products at Rock the Block. Eileen Schroeder in Medora. Sarah Steiner and Stacy Doe riding horses in Medora. Pat Renner enjoying the scenery.



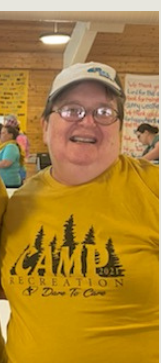
Lower left to right: Assistant Coach Gail Dobitz pumping up her DSU volleyball team. Carrie Beck and Randy Wyman fishing at Bowman Haley Dam. Linda Zins hosting movie night at her home and enjoying her outdoor swing with friend, Victoria Haney.



On left: Rick Funk happy that DSU football is back. On right: Cory Ackerman taking in his nephew's ball game with Kyle Brilz. Sarah Carlson, JoAnne Riederer and Eileen Berger cooling off in the pool.



From lower left to right: Sarah Steiner, Chelsea Roshau and Abra Safratowich having fun at Camp Recreation. John Vaughn and Colin Schmidt. Wayne Schiwal showing off his garden harvest. Randy Weiler with his family. Sue and Samantha Walz savoring a peaceful moment in the swimming pool together.



A TRIP TO REMEMBER: Yellowstone National Park

This month I went on a camping trip to Yellowstone National Park with Lizzy Henderson and Shayna Tonderum. We spent a lot of time hiking and seeing the sights such as the waterfall at the Grand Canyon of Yellowstone, Old Faithful, and the geysers. We went on a fishing tour and I caught a big spotted trout, which we cooked for supper. Lizzy kept having to throw her fish back. Ha! We camped right off of Yellowstone lake, had campfires, smores, and watched the beautiful sunset. I can't wait to go again next summer to see the sites that we didn't get to. If you go, be careful when walking by the geysers and watch out for blisters from all of the walking. I appreciate all that Lizzy and Shayna did for this trip.

by: Lando Crawford



Donna Crow recently added color to the Repeat Outlet in Bowman with a woven fabric project, beautifully representing ABLE's motto "Weaving Lives Together".

She got the idea from a workshop she attended on August 30th, "Our Creative Placemaking Workshop", which brought local Bowman artists together to find ways to bring Bowman's Main Street to life.



WEAVING LIVES TOGETHER

Thank you Donna for once again sharing your creativity and for bringing joy to all who drive down Main Street!

A NOTE FROM OUR EXECUTIVE DIRECTOR



Hi Readers,

COVID is on the rise again. The ND Department of Health states that the Delta Variant is as contagious as the chicken pox. Statistically, one infected person is likely to infect eight others. The virus is a huge concern for people we support who have health conditions.

Additionally, COVID seriously affects our staffing. Recently, 4-5 employees had to be quarantined because of being a close contact. We are stretched very thin! The board of directors is encouraging all people supported, families and employees to consider one of the vaccines. We have updated our website, www.ableinc.net, with recent information from the town hall meeting held August 26th.

In a recent board of directors meeting, we said goodbye and good luck to Jamie Hayes who is starting her own law practice which has limited her time to serve. We also say goodbye to Cheryl Fadness who has graciously served a full nine-year commitment! We are very grateful to her dedication and intimate knowledge of our company. Remaining board members are Jasmin Forsheim, Shelley Flaget, Matt Mack, Art Wanner and Dean Pearson.

We continue the transformation of the T-Rex Plaza and are progressing with stabilizing the Bowman Landing. We are so very grateful to all the support we have received from families, friends and our community during this time of project advancement while in the midst of COVID disruption. -Mary Anderson

SELF-ADVOCACY UPDATE

Representatives from Advocates Leading their Lives (ALL), the statewide advocacy group, came to Bowman and Dickinson on August 23rd to share about their group and future goals for self-advocacy across North Dakota. Thank you Julianne & Carrie!

Our Self Advocacy group (HOPE) continues to meet on the 2nd Tuesday of each month. Check out our fun plans for October!



The group in Dickinson from left to right back row: Cheyenne Leingang, Erica Brengle, Richard Susa, Julianne Hornthvedt, Stacy Doe and Carrie Varner. Front row: Shirley Lund, Randy Weiler, Abra Safratowich, and Kevin Peplinski



Pumpkin Painting Party

October 12th from 6-7pm
at ABLÉ, Inc. Main Office

call 456-3000 to sign up or use our Outlook calendar

Repeat Outlet

UNIQUE GIFTS DESIGNED & CRAFTED ON LOCATION

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MARKET PRESS COFFEE CO.

We like them a latte!



Cory Ackerman delivering dog treats to Market Press.

Next time you drive through this coffee shop with your furry friend, pay attention to the dog treat that your dog gets to munch on. Our friends at Market Press have partnered with Cory, Shirley, and JoAnne for a great PERK: Their love for animals and baking has turned into a caffeinated hobby. Cory, Shirley, and JoAnne create the custom dog treats for Market Press customers and in exchange, enjoy their favorite caffeinated beverage with their Market Press barista friends.



dance on over to
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expand your horizons with

TALKING BOOKS

<http://library.nd.gov/talkingbooks.html>

by: Janelle Stoneking,
Training & Development Specialist

Do you enjoy books and magazines but have difficulty reading? The North Dakota State Library Talking Book program offers an array of services for citizens of North Dakota who are unable to read standard print materials because of a visual, physical, or reading disability.

This past year, Rachel Sorenson was introduced to the program by her sister, Chelsea who began working as a Reader Advisor for the ND State Library in Bismarck, ND this past April. The Talking Book program is administered by the National Library Service for the Blind and Physically Handicapped (NLS), a division of the Library of Congress. Any interested persons can apply for the program by filling out the application on the website. Talking Book machines are available at no charge to anyone with a qualifying disability.



Rachel listening to a book on her talking book machine

When learning about the program, Chelsea said that she instantly thought of her twin sister who has always loved listening to books since she was little but relies on family or others to read to her. The Talking

Book program allows Rachel to be in control and listen to books anytime with the push of a button. The state library has a catalog of over 100,000 books available that can be ordered by calling, emailing or mailing in the order form. A patron's profile is updated with their preferences and favorite authors and can be used for choosing books. Once chosen, books are duplicated onto a cartridge with a person able to borrow up to 5 cartridges at a time, even more if they are ND Titles. Cartridges are mailed to and returned by patrons at no cost. People can even check out sacred texts such as the Bible in different versions, Quran, Torah, etc. long term if they desire.



Twins, Chelsea and Rachel, when younger

The Talking Book device is easy to use and reader friendly. Users can customize the tone of voice and adjust the reading speed for their comfort level. Rachel has even used it at night to listen to books before going to sleep and the device will turn itself off. Chelsea stated that people taking advantage of this program vary from small children to the oldest patron being 109 years old! One of the most meaningful things for her has been hearing stories of how the program has impacted people's lives. New users to the program are contacted after a couple of weeks to ensure that they don't have unanswered questions or support needed. Many say that listening to books is the *best* part of their day, especially if their other activities are limited due to age or disability.



If you or someone you know might be interested in utilizing this wonderful program, don't hesitate to inquire through the website listed above or by calling the state library at 701-328-1408. You won't regret it!

Eligibility Requirements:

- **An individual who is blind or has a visual impairment that makes them unable to comfortably read print books.**
- **An individual who has a perceptual or reading disability.**
- **An individual who has a physical disability that makes it hard to hold or manipulate a book or to focus or move the eyes as needed to read a print book.**

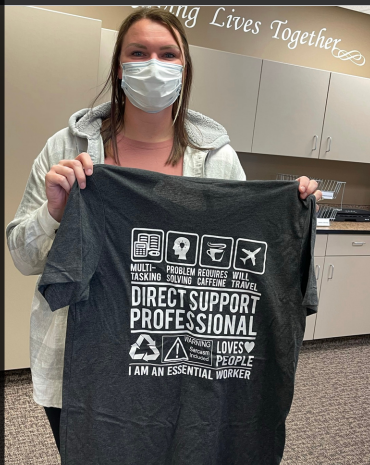
Stop to shop



ABLE USED FURNITURE

HOME DECOR & NEW TAG THRIFT
AT OUR STORE IN THE T-REX PLAZA!

OPEN 10-5pm Mon-Fri, 10-3pm Sat
Dickinson, ND



**DIRECT SUPPORT PROFESSIONALS
APPRECIATION WEEK
September 12-18, 2021**

Thank you for your dedication
to our mission and the people
that you support!

