



BUILDING PURCHASE IN BOWMAN

On January 30, 2020, we purchased the building at 101 North Main Street in Bowman from the Arc, Little Missouri, Inc. This building houses our REPEAT OUTLET store, Recycling business, and work areas where ABLE’s unique line of products are created. The Arc had purchased this building (formerly the Gate City Bank) on January 15, 1993 to provide more work space for ABLE which had been located where the APEX Energy and Framefully Yours businesses are now. On September 28, 2010, The Arc approved construction to expand the building by adding 2000 additional square feet. This was completed in May of 2012. ABLE and The Arc have enjoyed a great partnership all these years, in fact ABLE has rented work space from The Arc since October 1, 1984. We are excited to move forward as the new owners of this lovely building in the heart of Bowman.



Above from left to right: Dave Nygaard & Jerri Storer from Arc, Little Missouri, Inc., Mary Anderson, Carolynne Jones, Mike Klein, ABLE.

GETTING PREPARED

On March 1st, people had an opportunity to try out the new Express Vote machines which will be available at all polling locations this fall. If people have difficulty completing traditional ballots, this machine offers touch screen selection with high contrast and zoom capabilities, access for switches, and it will even read the ballot if needed. Thank you to Hillary Berg from Protection and Advocacy for providing this training opportunity!



EARTH DAY IS COMING SOON!

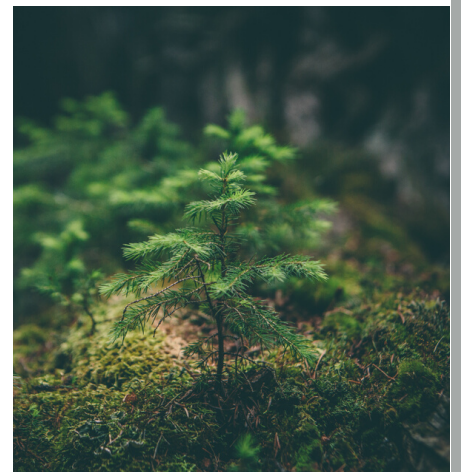
The ABLE, Inc. Recycling Program in Bowman has been in place since May 1st, 1987 and over the years has recycled close to 834,000 pounds of aluminum. They will be celebrating Earth Day this year on Saturday, April 25th from 7a-6p.

Stop by 101 N Main St to take advantage of the following:

- inflated aluminum pricing
- 50% sale all week in Repeat Outlet store
- enjoy a pop donated by Bill Murphy from the Coca Cola Company
- purchase our beautiful Earth Day mug for \$7



We believe recycling makes our world better.



SPREAD THE WORD TO END THE WORD

On March 4th, Antonio Uribe, Randy Weiler, and others led over 800 Dickinson High School students to join the global movement in pledging to stop using the "R-word." They educated the students about the hurtful and offensive impact it makes to people with intellectual disabilities. Each student had a piece of paper with the R-word printed on it and placed it in the shredder as a symbol of commitment to stop using it. It was a great experience for all involved.



"Shred the R word day was a great experience for all students. When we entered the classrooms there was no hesitation for kids to stand up and take part in this important movement. Every student got up with a smile on their face. It definitely made people think about the message." -Ethan, DHS student

Have you explored ABLE Inc.'s new website?

While you are there, sign up to receive these newsletters via email.



www.ableinc.net



Grow with SAS

Mark your calendars for March 19th-21st!
A grant from the Consensus Council is bringing Self-Advocacy Solutions to Dickinson to teach us about S.E.E.D.S.

- S - Self-worth, self-esteem, self determination
- E - Education, how we learn from each other
- E - Equality in disability movement
- D - Decision making, how to make it your choice
- S - Self-advocacy, you can take action

Go to www.ableinc.net for more information



ALL NEW HOMES NOW EQUIPPED WITH GENERATORS

We would like to thank those who have made this possible:



Above: Karla Smolnikar, Randy Weiler, Shirley Lund, Alex Kaufman, Mary Anderson, Mike Klein with our friends at Agri Bank.



Above: Samantha Walz with Stark County Commissioners Pete Kuntz and Ken Zander.

Left: A big thank you from our home on 3rd Avenue to the Power of 100 women.

Donors not pictured: Eagles, US Bank, ABLE Thrift Center



Above: Mary Anderson and Mike Klein with our friends at Whiting.



Above: Mike Klein, Mary Anderson, Cheryl Fadness (Board of Directors) with our friends at Conoco Phillips.



Above: Mike Klein with Jeff Jirges, MDU.

GRATITUDE and REASSURANCE are expressions from those who live in the 4 homes that are now 'generator-ready' in case of a power outage, a weather storm, or a city emergency. Knowing that the generators will be ready to provide electricity provides reassurance in knowing that their health and well-being will be maintained. Not only will comfort be provided with continual use of lights, heat, stove & microwave; but the generators will provide other emergency needs, such as continual oxygen (for those with respiratory illness) and continual tube-feeding. This reassurance provides a safe place for those who live in each home; each filled with gratitude because it is HOME.



REPEAT OUTLET
101 NORTH MAIN STREET - BOWMAN, ND
OPEN 8AM-5PM MON-FRI

We love to have you shop at Repeat Outlet!
-Halie & Nora

SAVE THE DATE



**2020 North Dakota
PowerUp
Health Conference**

FRIDAY, SEPTEMBER 11, 2020
Bismarck Event Center, Bismarck, ND



**Keynote Speaker:
Alvin Law**

"We can reinvent ourselves. It's really just up to us. Our attitude, our belief...and getting 'er done."

Valentine's Day Events



Many people were feeling the love this Valentines day! We want to thank those who participated in our rose fundraiser. Close to 50 roses were ordered and delivered with nearly \$250 being raised! (Pictured Right: Antonio Uribe delivering)

Pictured left: The women who live on Country Oak Drive hosted a Valentines party for friends. They all had a love-ly time!



Pictured on front page: Alysha Buck and Shirley Lund



Open
Mon-Fri 10-5
Sat 10-3



Spring inventory
has arrived!

ABLE THRIFT CENTER
1571 W Villard, Dickinson



For more info go to icanshine.org



iCan Bike Camp
June 22-26, 2020



Anne Carlsson
Nurturing abilities. Changing lives.