



NOVEMBER 2022 | Pictured far left is Rural Fire Chief Jeff Thompson, above is Lt. Gypsy Fouts, Firefighter Jared Rhode & Mary Anderson.

## Full of Gratitude for our Fire Departments

Thank you Dickinson Fire Department and Rural Fire Department for all you do for the community and ABLE, Inc. You teach us fire safety, answer important questions, and respond to emergencies. We witnessed the fire that happened with two of our neighbors to the north of our main office, 1951 1st Street. This was one of the first times we witnessed an actual fire. The response TIME and ACTIONS were unbelievably quick and organized! The fire was very quickly subdued saving property and potentially, lives. This could have been a disaster that spread our way. We appreciate all that you do!

Pictured below from left to right: Jordan Burk, DJ Bachman, Cheyenne Leingang, Mary Anderson, Dickinson Rural Fire Chief Jeff Thompson, Colin Schmidt, City of Dickinson Fire Chief Jeremy Presnell, Liutenant Gypsy Fouts, Firefighter Hunter Dassinger, and Firefighter Jared Rhode.



Pictured above: Cheyenne Leingang and DJ Bachman sitting in the fire truck. Pictured below: Colin Schmidt comfortable in the drivers seat.



## A NOTE FROM EXECUTIVE DIRECTOR



Mary Anderson  
Executive Director

The T-Rex Plaza continues to transform. The final major concrete pour happened this fall. Next up, is the south side interior renovation, which will provide more room and opportunities for people supported. We look forward to the day when we can consolidate our locations and enjoy the hub of activity that these renovations promise.

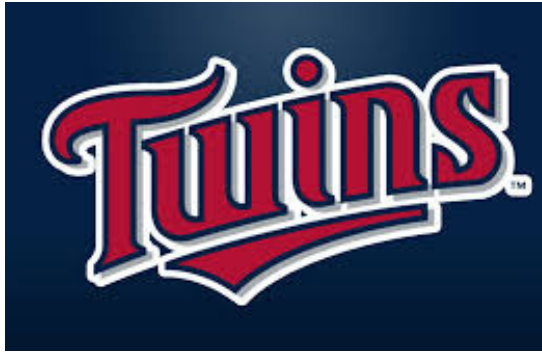
Check out the new Decades space. This is a store that features antiques and higher end items. Looking for furniture? We have it at the T-Rex in the new ABLE Used Furniture store. Need to get into the holiday spirit? On November 1st we opened a holiday store, *ABLE to Celebrate*, in the space recently vacated by the River Church. We could not have done all this without the support of grants, donations and product sales. We are so thankful for those who support our vision! -Mary Anderson





Laura Schmit was the big winner of Minnesota Twins tickets and two night hotel stay at the Big Sticks Unified Softball game on July 9th. On August 14th, she hit the road with Urja Aryal and Hilda Butler for an amazing adventure to Minnesota.

They went to the Mall of America and took in the sights at the aquarium. There were rails throughout the whole aquarium and she was able to walk through it and even pet some animals. The Twins baseball game was the highlight of the trip. Laura really loved seeing all of the people, lights and the loud noise from the Twins fans!



**SPORTS ACTION!**



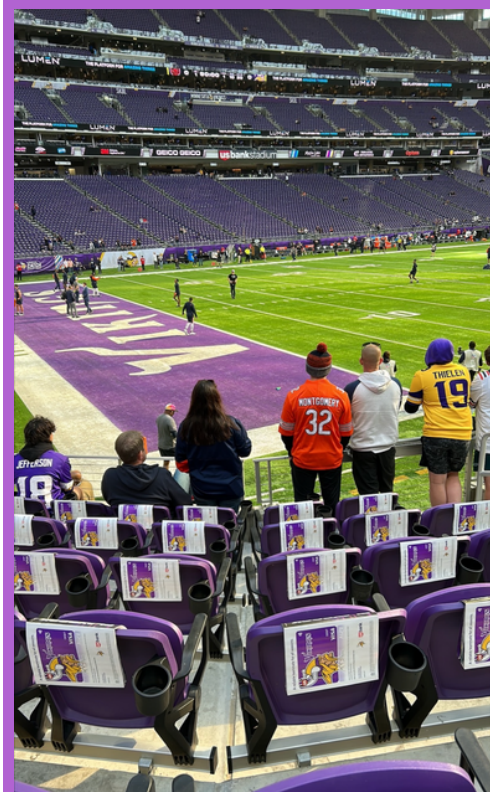
It had been a dream for Shawn Orcutt and Randy Wyman to attend an NDSU Bison game in the Fargodome. This dream became a reality last month when they were surprised with a trip!

Shawn said "The best part was taking pictures with cheerleaders. It was one of my goals to attend a game and it was great to be there. NDSU won so that was awesome. It was fun!"



Pictures left to right: A look at the field, enjoying the game is Shawn Orcutt, Megan Walser, Shelby Pauley, and Randy Wyman.





## VIKINGS for the WIN!!

This month Joelle Dolechek and I hopped a plane for Minneapolis to go to the Vikings game. We had great seats, here is our view. Vikings WON!

We also went to Mall of America and spent time at Rainforest Cafe, Legoland, played Blacklight Mini Golf and saw sea creatures at the aquarium. The best thing was the people cheering, music at the game and high-fiving everyone around us.

By: Julia Anderson

Joelle shared that the whole weekend was pure joy seeing Julia's smile radiate. A great experience!



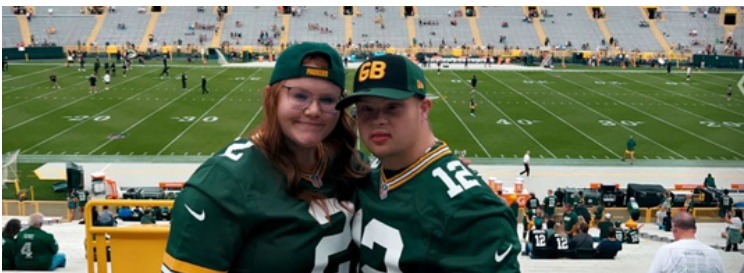
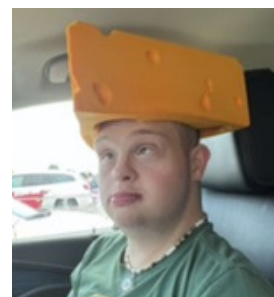
## A TRIP FOR THE CHEESEHEADS

Colin Schmidt and I headed on a road trip to see the Green Bay Packers on August 17th. We stayed in Hayward, Wisconsin which is my hometown, had breakfast with my grandma and toured the town. Colin really enjoyed this part of the trip! We headed to Green Bay that afternoon... the look on Colin's face was so priceless when he saw Lambeau Field and logos on everything.

The day of the game we had breakfast and drove around looking at all Green Bay things: green and gold houses, vehicles, and mailboxes. Street signs are the names of the players and everywhere you look people were wearing packers apparel. Colin was so excited to see that everyone else liked the same team as him. We went shopping for some new green bay gear and ate lunch at The Depot In downtown Green Bay. We headed into the stadium and went to Colin's FAVORITE STORE OF ALL TIME!! The Packers Pro Shop! Watching him look around in awe was truly the best thing ever.

He purchased a jersey, cap and trinkets like a CHEESEHEAD. We took many pictures!

After the pro shop, we looked around the stadium, took pictures in front of the Lombardi trophy, ate and went to look for our seats. While doing so, we found ourselves in the scariest/coolest elevator. It was all dark until it was time to go up and then we found out it was all glass and you could see everything around you! Our seats were a perfect view of center field. We met great people seated around us and spent the whole game cheering together. The Packers won against the Saints 20-10! It was all smiles as we drove home the next day, excited to show everyone pictures of our adventure. -Olivia Ogren, DSP





# BIG WINNERS AT THE CORPORATE CUP

The Dickinson Chamber of Commerce launched the 1st ANNUAL CORPORATE CUP in August to promote team-building and fun in the workplace. The event combined friendly competition and networking opportunities among 13 local businesses as their teams went head-to-head in a variety of events including an obstacle course, kickball, tug-of-war, and water sports, all on the home field of the Badlands Big Sticks!

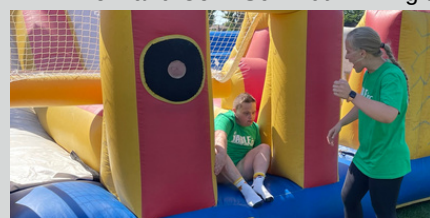
ABLE, Inc. had two teams participate with the highlight of the day being the trivia event when our teams competed against each other! Afterwards there was a lunch provided and awards. While we didn't take home the shiny Corporate Cup trophy, we are proud that our "ABLE to Dominate" team took 11th place and our "unbeatABLE" team tied for 13th place, taking home a medal for the Rock Bottom Award! We look forward to next year!



Pictured above: Samantha Schostek, Victoria Haney, Sarah Carlson & Shayna Tonderum.



Pictured left to right: Playing trivia was Leanna Massie, Danielle Salo, Kyle Brilz & Mike Klein for the green team. Samantha Schostek, Victoria Haney, Sarah Carlson, Shayna Tonderum for the orange. Next on right: Danielle Salo & Tyler Gress playing cornhole, Hilda Butler high-fiving her opponent. Below left to right: Colin Schmidt in the inflatable obstacle course. Kyle Brilz, Leanna Massie, Danielle Salo, Mike Klein and Colin Schmidt winning trivia. The ABLEtoDominate team playing tug-of-war against the Country House/Evergreen team.

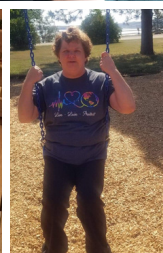
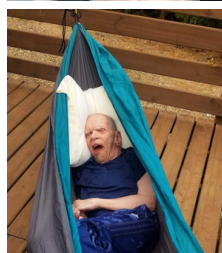


# CAMPING AT SHADEHILL

This August our Hettinger crew enjoyed a camping trip at Shadehill, SD. We did some fishing, had a picnic, made smore's around the campfire and even spent some time in a hammock!



Pictured from left to right: Melodi Boke & Carrie Beck cruising. Enjoying a board game is Carrie Beck, Sherri White, Zach Lohnes, & Dallas Alexenko. On right: Randy Wyman having some fun fishing.



On left: Dallas Alexenko relaxing in the hammock. Carrie Beck enjoying the swings. Pictured right: Karen Jorgensen, Dyanna Curran, Dallas Alexenko, Tatum Fitch, Elisha Nash, Carrie Beck, Julie Foss, Sherri White, Melodi Boke, Zach Lohnes, Pat Buckmier, Randy Wyman, & Paige Bonomo.

# Repeat Outlet

UNIQUE GIFTS DESIGNED & CRAFTED ON LOCATION

101 NORTH MAIN STREET - BOWMAN ND



# CELEBRATING FALL



It's pumpkin season! Check out Halie Maychrzak and Daniel Morland above decorating pumpkins. Below: Corey Ackerman & Sterling Besler having some fun.

Enjoying Pumpkins in the Patch at Hope Christian Academy in Dickinson. Left: Kim playing tic tac toe. Right back: Glenn Hawn, Daniel Morland, Michael Pearson. Front: Halie Maychrzak, Kim Peplinski, Lynn Evans, & Ron Bosch.



We had a great time at the PowerUp Health Conference in Bismarck. There were excellent speakers and activities for everyone who attended!



Bowman's Mainstreet Trick or Treating with Jacob Hendrickson as Scooby, Tresa Boese, below, Sara and Kie Lie Mosbrucker.

Pictured above, from left to right: Stacy Doe, Curtis Reiter, Abra Safratowich, Susan Schaefer & Sarah Steiner



## Pumpkin Decorating Contest!

Our ICF homes had a pumpkin decorating contest at our Dickinson office location.

It was fun to see what they created!

Congratulations to the people at 1153 on their big win with their candy apple pumpkin!

TAKE A TRIP THROUGH THE  
**Decades**

Located in the T-Rex Plaza  
10AM-5PM MON-FRI  
10AM-3PM SATURDAY



# Shirley's Sweets

Shirley was honored to be invited to the 2022 Best Friends Mentoring Chocolate Affair on November 5th. Shirley's truffles are a well-known, delicious treat around ABLE, Inc. For this event, 150 truffles were hand crafted with meticulous detail. They looked too cute to eat!

She won over the hearts and taste buds of the guests at the event and came home with the People's Choice Award! Way to go Shirley!



Right: Shirley holding her People's Choice trophy!



Back row from left to right: Dianna Kvasager, Dwight Wilson, Jenny Anderson, Richard Susa, Marlene Friedt, Serena Moen, Ryan Koltes, Greg Wock, Sierra Schilling, Amy Belile, Hope Brees. Front row: Hillary Berg and Julia Anderson

## YOUR VOTE COUNTS!



Hillary Berg educating the group about voting.

The HOPE self-advocacy group, along with Hillary Berg from Protection & Advocacy, hosted an event this month to bring excitement around voting. Using stencils or brushes, they painted signs and Hillary presented on important things to know about voting. North Dakota State Council on Developmental Disabilities supported this event by providing a \$300 grant for supplies. Everyone had a great time. Next HOPE meeting is **CHRISTMAS BINGO** on December 13th!



Left to right: Sierra Schilling and Greg Wock making their signs. Amy Belile is all smiles as she paints. Ryan Koltes and Serena Moen had many laughs. Richard Susa painting with red and blue.







We broke ground on our new ICF group home in Hettinger and things are moving along! The Adams County Record shared the exciting news as many in that area are looking forward to seeing progress as this foundation becomes a new home to people we support.



## CELEBRATING CAROLYNNE



The team at Repeat Outlet recently gifted Carolynne Jones a quilt that says "Thank you for being such an important piece of our story." Carolynne retired from ABLE, Inc. this past January after 40 years of supporting people in SW North Dakota.



Tyler Gress and Sarah Carlson

# LEADERSHIP DICKINSON

Recently Tyler Gress challenged the thoughts of the Leadership Dickinson group. Using his eyes to activate his Tobii speech device, he posed this question to them: "Do you think that I can be a leader?"

Leadership Dickinson is an 8-month Chamber of Commerce program that helps develop high school seniors into community-minded business and civic leaders of tomorrow. Through group experiences, they develop community awareness, volunteerism and leadership skills. As Tyler showed them around his home and educated them on living with a disability and what ABLE, Inc. does to support people, they realized that there was much more to consider with disability services. The discussion held that day was certainly impactful as the students learned that people can lead in many different ways.







**STOP IN TO SEE WHAT'S NEW**

Exciting things are happening at the TRex Plaza! Decades and ABLE Used Furniture have moved to their new locations. Our new store ABLEtoCelebrate is bringing joy to all who love the holiday season.



Hours: Tues-Fri 10am-5pm  
Saturday 10am-3pm